

# Curriculum Pacing and Guideline

## **LET 1 Classes (Typically a Freshman)**

### **Unit 1 - Citizenship in Action**

#### **Chapter 1: Foundations of Army JROTC and Getting Involved**

- U1-C1-L1 Army JROTC - The Making of a Better Citizen
- U1-C1-L2 The Past and Purpose of Army JROTC
- U1-C1-L3 Moving Up in Army JROTC - Rank and Structure
- U1-C1-L4 The Signs of Success
- U1-C1-L5 Your Personal Appearance and Uniform
- U1-C1-L6 The Stars and Stripes
- U1-C1-L7 Proudly We Sing - The National Anthem
- U1-C1-L8 American Military Traditions, Customs, and Courtesies

### **Unit 2 - Leadership Theory and Application**

#### **Chapter 1: Being a Leader**

- U2-C1-L1 Leadership Defined
- U2-C1-L2 Leadership Reshuffled
- U2-C1-L3 Leadership from the Inside Out
- U2-C1-L4 Principles and Leadership
- U2-C1-L5 Sexual Harassment/Assault

#### **Chapter 2: Leadership Skills**

- U2-C2-L1 Steps from the Past
- U2-C2-L2 Roles of Leaders and Followers in Drill
- U2-C2-L3 Using Your Leadership Skills/Taking Charge

### **Unit 3 - Foundations for Success**

#### **Chapter 1: Know Yourself - Socrates**

- U3-C1-L1 Self Awareness
- U3-C1-L2 Appreciating Diversity through Winning Colors
- U3-C1-L3 Personal Growth Plan
- U3-C1-L4 Becoming an Active Learner

#### **Chapter 2: Learning to Learn**

- U3-C2-L1 Brain Structure and Function
- U3-C2-L3 Learning Style and Processing Preferences
- U3-C2-L4 Multiple Intelligences

#### **Chapter 3: Study Skills**

- U3-C3-L1 Thinking Maps
- U3-C3-L2 Reading For Meaning
- U3-C3-L3 Study Habits that Work for You

#### **Chapter 4: Communication Skills**

- U3-C4-L1 The Communication Process
- U3-C4-L2 Becoming a Better Listener

#### **Chapter 5: Conflict Resolution**

- U3-C5-L1 Causes of Conflict
- U3-C5-L2 Conflict Resolution Techniques

#### **Chapter 8: Making a Difference with Service Learning**

- U3-C8-L1 Orientation to Service Learning
- U3-C8-L2 Plan and Train for Your Exploratory Project
- U3-C8-L3 Project Reflection and Integration

#### **Chapter 11: NEFE High School Financial Planning Program**

- U3-C11-L1 NEFE Introduction: Setting Financial Goals

## **LET 2 (Sophmores)**

### **Unit 4 – Wellness, Fitness and First Aid**

#### **Chapter 1: Achieving a Healthy Lifestyle**

U4-C1-L3 The Components of Whole Health

U4-C1-L4 Nutrition - You Are What You Eat

**Chapter 2: First Aid for Emergency and Non-Emergency Situations**

U4-C2-L1 The Need for First Aid/Your Response

U4-C2-L2 The First Life-Saving Steps

U4-C2-L3 Controlling Bleeding

U4-C2-L4 Treating for Shock and Immobilizing Fractures

U4-C2-L5 First Aid for Burns

U4-C2-L6 First Aid for Poisons, Wounds, and Bruises

U4-C2-L7 Heat Injuries

U4-C2-L8 Cold Weather Injuries

U4-C2-L9 Bites, Stings, and Poisonous Hazards

**Chapter 3: Drug Awareness**

U4-C3-L1 Use & Effect of Drugs, Alcohol, and Substances

U4-C3-L2 Critical Decisions about Substances

**Unit 5 - Geography, Map Skills, and Environmental Awareness**

**Chapter 1: Map Skills**

U5-C1-L2 Introduction to Maps

**Unit 6 - Citizenship in American History and Government**

**Chapter 1: You the People - Citizenship Skills**

U6-C1-L1 The Preamble

U6-C1-L2 Citizenship Skills

U6-C1-L3 Small Group Meetings

U6-C1-L4 Representative Group Session

U6-C1-L5 Introduction to Chief Justice

**Chapter 2: Foundations of the American Political System**

U6-C2-L1 Our Natural Rights

U6-C2-L2 Developing Republican Government

U6-C2-L3 British Origins of American Constitutionalism

U6-C2-L4 Colonial Period-Basic Rights & Constitutional Government

U6-C2-L5 State Constitutions

**Chapter 3: Creating the Constitution**

U6-C3-L1 Articles of confederation 1781

U6-C3-L2 Creating Our Constitution

U6-C3-L3 Balancing Power

**Chapter 6: The Bill of Rights**

U6-C6-L6 Protection of Rights Within the Judicial System

U6-C6-L7 Military Justice System

**Chapter 7: Citizen Roles in American Democracy**

U6-C7-L1 Roles of Citizens

U6-C7-L2 New Citizenship and Constitutional Issues

U6-C7-L3 Constitutionalism and other Countries

**LET 3 (Juniors)**

**Unit 1 - Citizenship in Action**

**Chapter 1: Foundations of Army JROTC and Getting Involved**

U1-C1-L9 Basic Command and Staff Principles

**Unit 2 - Leadership Theory and Application**

**Chapter 4: Leadership Strategies**

U2-C4-L1 Celebrating Differences - Culture and Individual Diversity

U2-C4-L2 Performance Indicators

U2-C4-L3 Negotiating

U2-C4-L4 Decision-Making and Problem-Solving

**Chapter 5: Leading Others**

U2-C5-L1 Platoon Drill

U2-C5-L2 Taking Charge--Knowing Your Responsibilities as a Leader

### **Unit 3 - Foundations for Success**

#### **Chapter 6: Presenting Skills**

U3-C6-L1 Becoming a Better Writer

U3-C6-L2 Creating Better Speeches

U3-C6-L3 Becoming a Better Speaker

#### **Chapter 7: Managing Conflict**

U3-C7-L1 Managing Anger

U3-C7-L2 Conflict Resolution and Diversity

U3-C7-L3 Conflict Mediation

U3-C7-L4 Violence Prevention

#### **Chapter 9: Career Planning**

U3-C9-L1 Career Exploration Strategy

U3-C9-L2 Career Development Portfolio

U3-C9-L3 Military Career Opportunities

U3-C9-L4 College Preparation

#### **Chapter 10: Planning Skills and Social Responsibility**

U3-C10-L1 Making the Right Choices

U3-C10-L2 Goals and Goal Setting

U3-C10-L3 Time Management

U3-C10-L4 Cadet Etiquette Guide

#### **Chapter 11: NEFE High School Financial Planning Program**

U3-C11-L2 NEFE Unit 1 - Your Financial Plan: Where It All Begins

U3-C11-L3 NEFE Unit 2 - Budgeting: Making the Most of Your Money

U3-C11-L4 NEFE Unit 3 - Investing: Making Your Money at Work

### **Unit 6 - Citizenship in American History and Government**

#### **Chapter 8: Critical Thinking in Citizenship**

U6-C8-L1 Leadership Choices, Decisions, and Consequences

U6-C8-L2 Ethical Choices, Decisions, & Consequences

U6-C8-L3 Global Citizenship Choices, Decisions, & Consequences

U6-C8-L4 Historical Timeline: Choices, Decisions, & Consequences

## **LET 4 (Seniors)**

### **Unit 1 – Citizenship in Action**

#### **Chapter 2: Service to the Nation**

U1-C2-L1 The Department of Defense

U1-C2-L2 The Active Army

U1-C2-L3 The Army Reserve Components

### **Unit 2 - Leadership Theory and Application**

#### **Chapter 6: Leadership Principles**

U2-C6-L1 Power Bases and Influence

U2-C6-L2 Styles of Leadership

U2-C6-L3 Management Skills

U2-C6-L4 Communication

U2-C6-L5 Motivation

### **Unit 3 - Foundations for Success**

#### **Chapter 11: NEFE High School Financial Planning Program**

U3-C11-L5 NEFE Unit 4 - Good Debt, Bad Debt: Using Credit Wisely

U3-C11-L6 NEFE Unit 6 - Insurance: Protecting What You Have

#### **Chapter 12: Teaching Skills**

U3-C12-L1 Preparing to Teach